

Food Day

The World food day was organized by department of Botany and Biochemistry on 14th October 2022. The theme of food day 2022 is “Leave no one behind”. World Food Day is not only about celebrating the amazing food that people have the privilege of indulging in, but it is about raising awareness for people who do not have such privilege. People all over the world who suffer from hunger. Starvation is a massive problem in a number of countries, and we need to do more to raise awareness and combat this problem. World Food Day can also be leveraged to raise awareness about healthy diets and what bodies need. In recent times, education has grown about healthy diets and which foods are healthy or unhealthy, but we are not there yet! World Food Day offers a great opportunity to further education and awareness in this area. The activities involved in food day involved salad dressing, feel and find, speaker Dr Sikandra assistant professor from home science department was invited to give her expert talk on food and nutrition. Hand on training was done by Dr.Anita Singh, Dr. Smita pathak and Dr.Tulika Dahiya on milk and curd practicals.

