

21.



DPG DEGREE COLLEGE

(Affiliated to MDU Rohtak)

Sector-34, Near Marble Market, Gurugram

21. Report on Guest Lecture

Topic: PCOD&HYPOTHYROIDISM

Resource Person: Dr. SEEMA YADAV (General Physician)-: Ashoka Health and Wellness Clinic, Sector-85, Gurugram.

Conducted on: 24th May 2022

The Women cell conducted a guest lecture on the 24th of May 2022. The resource person - : Dr. SEEMA YADAV (General Physician) – Ashoka Health and Wellness Clinic, Sector-85, Gurugram. Spoke on the topic “PCOD&HYPOTHYROIDISM” introducing the students of the pcod& HYPOTHYROIDISM

Dr Seema Yadav made the session very interesting. The lecture is about awaking woman health in prospect sharing medical knowledge about most common disease,so women can underswtandbasic about it and can improve social women health. Mainly topic is PCOS and hypothyroidism, as in lecture we understand pcod endocrine syndrome which correlate with autoimmune disorder which main character is hirsutism Acne Menstrual irregularities, insulin resistance which connect with metabolic disorder like mainly obesity (high BMI).

Pcod is autoimmune and endocrine disorder which also effect thyroid Hormone , most of time pcod relate hypothyroidism then additional charcter also seen like

12/7/22
Principal
D.P.G. Degree College
Sector-34, Gurugram

feeling cold, constipation, gotiter and painful joint and tiredness.

In this lecture as we gain knowledge about pcos and hypothyroidism, so we understand when we see this symptoms we should contact to doctor And we so do biochemical test and ultrasound to get final result by doctor As end we get some things about awaking that pcod is treatable Main think we need focus on losing weight according BMI Focus on diet and follow proper doctor guideline

So finally this lecture was about awaking woman about her health and surrounded women health.



Dr. Seema yadav gave a lecture on the topic "PCOD & HYPOTHYROIDISM"

[Handwritten signature]

Principal
D.P.G. Degree College
Sector-34, Gurugram


All faculty member and female students attending the lecture.



Dr. Seema Yadav enhance the awareness about women's health and hygiene.



Dr. Seema Yadav enhanced the awareness of female students and faculty members about their overall health and hygiene.


Principal
D.P.G. Degree College
Sector-34, Gurugram

VOTE OF THANKS: Finally, Ms. Meenu Sharma thanks them and ended the program whole heartily.

MsMeenu Sharma (Convener)

Asst. Professor
(Department of Commerce)

Ms. Mandeep (Member)

Asst. Professor
(Department of Mathematics)

Dr. Smita Pathak (Member)

Asst. Professor
(Department of Science)

Ms. Gunjan (Member)

Asst. Professor
(Department of Library Sciences)

Ms. Himanshi(Member)

Asst. Professor
(Department of Science)

Ms. Pooja Bansal(Member)

Asst. Professor
(Department of Mathematics)

Dr Sheela Jakhar(Member)

Asst. Professor
(Department of Arts)

Dr. S.S Boken

Principal

DPG DEGREE COLLEGE

Principal
D.P.G. Degree College
Sector-34, Gurugram